



## Rush Sports Complex

### Indoor Soccer Rules 2022

- Preschool/Kindergarten will play 4v4 or 5v5 (up to the coaches) and use a size 3 ball
  - This division has different rules. Ask Seth for more information
- 1st/2nd & 3rd/4th grades will play 7v7 and use a size 4 ball (No heading)
- 5th/6th, 7th/8th and High School/Adult will play 6v6 and use a size 5 ball
- 7th/8th grade division must have at least 1 girl on the field at all times (or play with 5 players)
- All games consist of 2 - 24 minute halves (regular season games may end in tie, tournament games will go to a 5 minute 3v3 golden-goal overtime, then penalty kicks if needed)
- Rules will follow standard FIFA/USSF outdoor soccer rules except where noted below
- Kickoffs are indirect
- Kick-ins from a ball out of bounds are direct
- Opponents must be at least 5 yards from the ball on any free kick, unless on their own goal line
- Max goal differential is 6 goals - If you lead by 6, other team may add a player, if you lead by 9, you must remove a player
- No offside
- All subbing will be done "on the fly" - player leaving field should be within a reasonable distance (5-10 ft) from the door before substitute comes onto the field (no advantage should be gained)
- No sliding except a goalie may slide within his own penalty box to make a save with hands
- All players must wear shin guards and same colored shirts (only House team shirts will be provided). Indoor soccer shoes, soccer cleats (no metal) or tennis shoes are acceptable.
- If a player receives a yellow card, they must sit for 2 minutes and team will play short for that time period
- If a player or coach receives a red card, they will miss the following game as well
- If ball hits the ceiling, batting cage, etc., a free kick from that location will be the restart unless it is in the penalty area (in this case, restart will be a corner kick)
- No player, including the goalkeeper, can play the ball directly from their own penalty area into the opponent's penalty area. Restart will be a goal kick for the opposing team.
- Games that are canceled due to inclement weather might not be rescheduled. With limited time and space, make-ups will be attempted, but not guaranteed.
- Week 6 games will be determined by standings (3 points for a win, 1 point for a tie, tiebreakers determined by head-to-head result, Goal Differential, Goals Allowed, coin)

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